

<b>L'EXPRESS</b>					<b>Menu for week of July 17</b>				
<b>Monday July 17</b>		<b>Tuesday July 18</b>		<b>Wednesday July 19</b>		<b>Thursday July 20</b>		<b>Friday July 21</b>	
<b>SOUPS</b>									
Cream of Spinach		Winter Squash Soup		Cream of Mushroom		Split Green Pea		Boston Clam Chowder	
Beef Lentil		Italian Wedding Soup		Thai Chicken Noodle		Potato, Sausage & Bean Soup		Vegetarian Chili	
<b>ENTREES</b>									
Butter Chicken		Veal Parmigiana over Lemon Orzo		Beef Stroganoff		Four Cheese Tortellini (V)		Fish Tacos with Potato Wedges	
over Rice		with Greek Salad		over Egg Noodles		with Garlic Toast		& Cole Slaw	
<b>QUICHE</b>									
Spinach & Feta with Garden Salad		Zucchini & Onion with Cheddar and Garden Salad		Broccoli & Cheddar Quiche with Garden Salad		Corn & Fresh Tomato Quiche with Garden Salad		Sundried Tomato & Artichoke with Garden Salad	
<b>PASTA</b>									
Penne with Italian Meatball		Rotini with Chicken Pesto Sauce		Vegetable Fusilli with Italian Sausage Sauce		Rotini with Seafood Alfredo		Penne with Italian Meat Sauce	
<b>DINNER</b>									

<b>L'EXPRESS</b>					<b>Menu for week of July 24</b>				
<b>Monday July 24</b>		<b>Tuesday July 25</b>		<b>Wednesday July 26</b>		<b>Thursday July 27</b>		<b>Friday July 28</b>	
<b>SOUPS</b>									
Cream of Tomato		Coconut Chicken		Cream of Mushroom		Curried Pumpkin Soup		Boston Clam Chowder	
Borscht		Creole White Bean Soup		Tomato Vegetable Soup		Hot & Sour Soup		Red Lentil with Chicken	
<b>ENTREES</b>									
Perogies & Garlic Sausage		Honey Chipotle Chicken		Beef Stew with Dinner Roll		Ginger Beef Salad		Herb & Lemon Salmon Roasted	
with Sour Cream		Rice & Salad Greens				With Fried Rice		Roasted Potatoes and Sautéed Vegetable	
<b>QUICHE</b>									
Spinach & Feta with Garden Salad		Zucchini & Onion with Cheddar and Garden Salad		Broccoli & Cheddar Quiche with Garden Salad		Corn & Fresh Tomato Quiche with Garden Salad		Sundried Tomato with Artichoke with Garden Salad	
<b>PASTA</b>									
Penne with Italian Meatball Sauce		Vegetable Fusilli with Tomato Clam Sauce		Rotini with Chicken Pesto		Rotini with Italian Sausage		Penne with Italian Meat sauce	
<b>DINNER</b>									